

# WALK-RUN-JOG CLUB (WRJC)

*MAY, JUNE, JULY, and AUGUST 2025*

**Who:** Any Penn National resident who wants to walk, run, run/walk, or jog in the neighborhood with like-minded people, meet new friends, and support the Penn National Community

**What:** WRJC Clubbers can try different routes, distances and terrain each week at their own pace

**Where:** Meet at the Clubhouse; Additional off-site locations for Saturday outings beginning in May (see schedule)

**When:** Weekly Meet-Ups: **EVERY** Tuesday at 5:30 PM (begins May 6<sup>th</sup> and continues all summer long)

Monthly Meet-Ups: Second Sunday at 8:45 AM

Third or Fourth **Saturday** OFF-SITE at 10:00 AM (begins May 24<sup>th</sup>; see schedule)

MONTH	DAY	DATE	TIME	LOCATION	SAFETY REQUIREMENTS:
MAY	Tuesdays	6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> & 27 <sup>th</sup>	5:30 PM	Clubhouse	<b>**ALL ACTIVITIES ARE AT YOUR OWN RISK**</b>  Please be mindful of traffic laws, walking no more than 2 across at the edge of the roadway/close to or on the grass, and in the opposite direction of traffic. Please do not litter.
	Sunday	11 <sup>th</sup>	8:45 AM	Clubhouse	
	Saturday	24 <sup>th</sup>	10:00 AM	Norlo Park (Pavilion 1)	
JUNE	Tuesdays	3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> & 24 <sup>th</sup>	5:30 PM	Clubhouse	By participating, all "clubbers" hold PNCA, any locations, and any & all volunteers harmless from any claims that may arise from these activities.
	Sunday	8 <sup>th</sup>	8:45 AM	Clubhouse	
	Saturday	28 <sup>th</sup>	10:00 AM	Off Site Location TBD	
JULY	Tuesdays	1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> , 22 <sup>nd</sup> & 29 <sup>th</sup>	5:30 PM	Clubhouse	Bring whatever you may need to enjoy your exercise and be safe on your walk/run/jog such as wearing appropriate footwear, safety vests, hats, sun visors, sunscreen, etc.
	Sunday	13 <sup>th</sup>	8:45 AM	Clubhouse	
	Saturday	19 <sup>th</sup>	10:00 AM	Off Site Location TBD	
AUGUST	Tuesdays	5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup> & 26 <sup>th</sup>	5:30 PM	Clubhouse	Don't forget your water bottles & have fun!
	Sunday	10 <sup>th</sup>	8:45 AM	Clubhouse	
	Saturday	23 <sup>rd</sup>	10:00 AM	Off Site Location TBD	

**Interested?** Contact Michele at [michyb53@yahoo.com](mailto:michyb53@yahoo.com)